



Ciel Spa



SPA MENU

PHILOSOPHY

The Ciel Spa provides the exclusive spa experience with treatments created by harmoniously blending the best oriental techniques and Vietnam herbal secrets. Every special treatment of our extraordinary spa brings you the best experiences and sensations that you have never enjoyed before.

Relax in harmony and purity at Ciel spa! You can enjoy superior service in the privacy of your own treatment room. We have developed our highly skilled Spa Therapists who will leave you feeling totally relaxed and free to recover your inner self with our delicate scent of aromatherapy oil and subtle herbs.

Every journey starts with a signature tea and a herbal foot ritual. This is a part of Ciel Spa to demonstrate oriental culture and we offer an extensive range of innovative treatments

BODY MASSAGE

NATURAL

BAMBOO MASSAGE (MESSAGE TRE) (75' - 90') 690,000 - 790,000 VND

Warm Bamboo or "Bamboo-fusion" massage incorporates different lengths and diameters of bamboo sticks. Warmed smooth bamboo is integrated into a flowing Deep Tissue Massage to promote a deep sense of well-being and delicious relaxation.

SPIRITUAL

CIEL MESSAGE (75' - 90') 690,000 - 790,000 VND

The exclusive treatment revitalizes your senses throughout the body. Your treatment starts with an invigorating foot ritual with Himalayan crystal, next, achieve deep relaxation during a massage using La Belle oil and Thai herbal compress and finally, experience a tingling awakening of your senses during a Vietnamese head massage.

VITALITY

ASIAN BLEND MESSAGE (60' - 75' - 90') 520,000 - 620,000 - 720,000 VND

This is a combination of all the best Asian massage therapies. An unique blend of Thai, Vietnamese and Japanese Shiatsu massage techniques, then throwing in some long calculated strokes, stretching, thumb and elbow techniques, and this therapy will ease away stress from every pore of your body leaving you feeling rejuvenated and relaxed.

PURITY

AROMATHERAPY (60' - 75' - 90') 520,000 - 620,000 - 720,000 VND

From one of our four signature blended oils, created to deliver the utmost in aromatic power, choose the scent that instinctively appeals the most. The relaxing massage that follows combines light to medium pressure with deeply healing aromatherapy, helping to calm the nervous system, reduce your stress levels and improve your sleep.

VIETNAMESE

VIETNAMESE MESSAGE (60' - 75' - 90') 520,000 - 620,000 - 720,000 VND

An ancient massage technique from Vietnam. Pressure point techniques with invigorating movements to warm relax muscles and improve sense of well being and physical flexibility with aromatherapy massage oils.

SIAMESE

TRADITIONAL THAI MESSAGE (60' - 75' - 90') 520,000 - 620,000 - 720,000 VND

Traditional Thai Massage is a system of massage and assisted stretching developed in Thailand handed down through centuries. Pressure techniques along the body's energy lines combine with muscle stretching to replace tension and stress with a feeling of energy and peace.

STRESS RELIEF

BACK - SHOULDER - HEAD THERAPY (30' - 45' - 60') 290,000 - 390,000 - 490,000 VND

Treatment is good for relaxing aching and tired muscles, releasing stress and easing back, shoulder and neck pain, using a combination of strong techniques from Thai and deep tissue therapy.

CALM

INDIAN HEAD MESSAGE (30' - 45' - 60') 290,000 - 390,000 - 490,000 VND

Indian head massage is based on the Ayurvedic system of healing which has been practiced in India for over a thousand years. An excellent remedy for insomnia and improving vision, circulation and concentration.





FOOT THERAPY & NAIL CARE

FOOT FLOURISH

FOOT REFLEXOLOGY (30' - 45' - 60') 220,000 – 270,000 – 320,000 VND

This traditional Chinese healing philosophy in combination with signature massage oil, stimulates the nerve endings that link with various organs and parts of the body to release energy blockages and initiate self-healing, resulting in higher energy levels and effectively creates relaxation for body and mind.

LUXURY

HOT STONE FOOT MASSAGE (45' - 60') 290,000 – 390,000 VND

Luxury Foot Massage uses heated stones and reflexology massage moves to create a unique treatment. The stones allow the therapist to work deeper into the muscle fibers without it being as painful as a deep tissue massage. It allows the muscles to relax into their natural resting position allowing free movement.

REVERIE

MANICURE/ PEDICURE (60') 520,000 – 620,000 – 720,000 VND

Keep your hand/ foot and nails cleaned, trimmed and shaped according to your preference.

BODY SCRUB

ASIAN WONDER

RICE MILK BODY SCRUB (60') 550,000 VND

This unique scrub combines honey, herbal and rice milk from Sapa personally blended for the Spa. This beautiful scrub leaves skin and senses glowing with renewed wellbeing.

JAPANESE RENEWAL

GREEN TEA SCRUB (60') 550,000 VND

Known for its beautifying and clarifying properties, this Green tea scrub is excellent for reducing dark skin spots and promoting a brighter and glowing skin.

SIAMESE RADIANCE

DEADSEA-SALT SCRUB (60') 550,000 VND

Dead Sea Salt Scrub is effective for deep cleaning of the skin and for replenishing skin with essential minerals. Keeps the skin healthy by removing dead skin cells, as well as the toxins that cause acne and also brings about stress relief.

VIETNAMESE BLISS

COCONUT SCRUB (60') 550,000 VND

Vietnamese Coconut Body Scrub is a natural product with a gentle exfoliating effect and powerful anti-aging antioxidants, perfect for removing dead skin cells and instantly making your skin soft, smooth and glowing.

BODY WRAP

DETOXIFYING

DEAD SEA DETOX BODY WRAP (60') 600,000 VND

An Uplifting Detox which is intensified by a Dead Sea mineral mud wrap to draw deeper toxins from the cells. Strengthens and revitalizes the skin, increases elasticity and firmness while fading pigmentation problems.

SOOTHING

SEAWEED BODYWRAP (60') 600,000 VND

Seaweed Body Wrap helps to eliminate toxins from your body. The paste is applied to the body warm, causing you to sweat. During the sweating process, your body is eliminating impurities. It is an excellent way to relieve daily stress and to help the body feel new and cleansed of anti-oxidants.

UPLIFTING

VIETNAMESE COCONUT WRAP (60') 600,000 VND

This treatment uses special products made from young coconut meat and coconut oil, deeply hydrating and protecting skin, combating aging and promoting healthy and smooth skin. This method was used by the Queen a thousand years ago.



FACIAL TREATMENT

CIEL CLASSIC FACIAL (ALL SKIN TYPES) (60')

550,000 VND

This facial treatment uses products from the Anna Lotan skin care range to cleanse, balance, rehydrate, tighten and brighten the skin. Recommendation for all skin types.

PURIFYING FACIAL (MATURE, DRY, SENSITIVE SKIN) (60')

650,000 VND

Purifying facial treatment is specially designed for mature, dry and sensitive skin. The use of natural ingredients helps smooth and revitalize skin texture, encouraging renewal.

LUXURY FACIAL (MATURE SKIN) (60')

750,000 VND

An intense anti-ageing facial treatment that corrects the signs of ageing and protects your skin against the damaging effects of time. Your skin is left looking relaxed, fine lines are instantly plumped and saturated in moisture.

SPA PACKAGES

CIEL SIGNATURE PACKAGE (270')

2,200,000 VND

- Rice Milk Moisturizing Body Scrub 30min
- Seaweed Body Wrap 30 min
- Herbal Steam 15 min
- Ciel Massage 75 min
- Ciel Classic Facial 60min
- Manicure/ Pedicure 60min
- Wellness Snack & Smoothie Menu

ROMANTIC HONEYMOON PACKAGE (FOR COUPLES) (210')

2,900,000 VND

- Green Tea Body Scrub 45 min
- Herbal Steam 15 min
- Purity 60min
- Calm 30 min
- Purifying Facial 60 min
- Wellness Snack & Smoothie Menu

LADIES INDULGENCE PACKAGE (210')

1,890,000 VND

- Rice Milk Body Moisturizing Scrub 45min
- Coconut Body Wrap 30min
- Purity 60min
- Luxury Facial 60min
- Wellness Snack & Smoothie Menu

GENTLEMEN'S GETAWAY (180')

1,390,000 VND

- Sea Salt Body Scrub 45min
- Herbal Steam 15 Min
- Vitality 60min
- Ciel Classic Facial 60min
- Wellness Snack & Smoothie Menu

SPIRIT OF VIETNAM (120')

890,000 VND

- Coconut Body Scrub 45min
- Herbal Steam 15 Min
- Vietnamese 60 Min
- Wellness Snack & Smoothie Menu

CHOOSE YOUR OWN SPA EXPERIENCE (180')

1,500,000 VND

Create your spa package to suit your personal state of balance. This approach is custom tailored in consultation with your personal therapist to pinpoint specific areas of focus to meet your needs.



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